



9 October 2008

Dear Students, Parents, Alumni and Friends of Wah Yan,

As you are aware, Wah Yan education takes a holistic approach by focusing not only on academic advancement but an all-round education of body and mind. To this end, we encourage our students to take part in physical exercises to build a healthy body and nourish their mental strength such as patience and fortitude. Long distance running is certainly one of the best physical activities through which students could acquire these values. It will also help eradicate stress and refresh our mind for solving vexed problems.

If parents and friends of our students and alumni can join our boys in the run, they will help promote family bonding, friendship, team spirit and pass along the Wah Yan tradition to the next generation.

Our alumni Professor Chung Sheung Chi Sydney, a veteran runner who is better known as the hero of SARS, is of the view that with appropriate training our students aged 14 and above should be able to run 10 km with ease. In the Standard Chartered Hong Kong Marathon in February 2008, he has led a group of Wah Yan boys to participate in the 10km Race and all were able not only to finish but in good time. Professor Chung is prepared to lead a bigger group of boys to participate in the 10 km Race of the Standard Chartered Hong Kong Marathon 2009 on Sunday, 8 February 2009.

I am also very pleased to inform you that Rev. Stephen Chow S.J., our School Supervisor of the two Wah Yans, Mr George Tam, Principal of Wah Yan College Hong Kong and Mr Norman So, Principal of Wah Yan College Kowloon will run or walk the 10 km Race in 2009 as a token of support to all participants. They wish to, with the support from many of you, raise \$500,000 each for the Foundation for the betterment of education and students' whole person development at Wah Yan. In return, I would like to support these kind men by calling for another \$500,000 donation, tallying the target to \$2 million.

To encourage participation in running and sponsorship, The Foundation is rendering the following support/incentive:

- a. Professor Chung will provide a free medical check-up to ensure you are fit for the Race

Wah Yan One Family Foundation Limited



- b. We will sponsor the participation fee of students in need
- c. At least 6 training sessions will be provided by Professor Chung and sports masters at the two Wah Yans to guide you through the journey. The first training session is scheduled on Sunday, 19 October 2008 at Wah Yan College Kowloon at 8am. Details of other session will be uploaded at the schools' and Foundations' websites soon
- d. A team tee will be provided for all participants from the Wah Yan family
- e. We will reward the 3 best performing classes and students in each Wah Yan for
 - i. gathering the most participants or
 - ii. raising the most donations

I am appealing to you to attend and support this worthwhile event, for it is an occasion when we can unite as a family again to support the continuous growth of our students and the schools. Please join us in the 10km Race as a team, for we may win a prize if we become one of the top 10 teams with the most participants. I enclose herein an enrolment and donation form for reference.

Students and parents and their friends can enrol via the schools on or before 30 October 2008. Alumni and Friends of Wah Yan can enrol via www.hkmarathon.com on or before 30 December 2008. Please enrol early as the Race is always full in November. Alumni and friends of Wah Yan enrolling online please inform our Coordinator below your registration number so that you will be counted as a member of the Wah Yan team to get a team tee and help compete for the team participation prize.

Please join the briefing cum running session conducted by Professor Chung and our school sports masters at 8 am on Sunday, 19 October 2008 at the football field of Wah Yan College Kowloon. It will prepare you for the Race. For enquiries, please consult your school sports masters or call Daniel Mak (WYHK71), our Race Coordinator on 67079653 or retreddanielmak@msn.com. Daniel will be most pleased to answer any question you may have.

I hope to meet and greet you on the day of the Race.

God Bless,

Rev. Alfred J. Deignan S.J.

Chairman